



GUILD NEWS AND HEALTH SYSTEM HAPPENINGS

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SEPTEMBER 2009

Life's Recipe



If properly followed, this recipe never fails:

- 1 cup of good thoughts
- 1 cup of kind deeds
- 1 cup of consideration for others
- 2 cups of sacrifice for others
- 3 cups of forgiveness
- 2 cups of well beaten faults

Mix the ingredients thoroughly and add tears of joy and sorrow and sympathy for others.

Fold in 4 cups of prayer and faith to lighten the other ingredients and to raise the texture to a great height of Christian living.

After pouring all this into your daily life, cover with God's love and tender care.

Bake well with the heat of human kindness.

Serve with a big, grateful smile!

~ unknown



Message from Mr. Arndt

This summer seems to have flown by. Labor Day is fast approaching, and we already have a number of events and activities planned for our friends and residents. On September 20 a number of residents at GreenField Manor and GreenField Court will open their homes so others can see for themselves what life is like at The GreenFields. This event is always a lot of fun for both residents and visitors. You are invited to join us. Details are on page 4.

I'm looking forward to this year's Volunteer Appreciation Luncheon in October, our way of saying "thank you" to our registered volunteers for all they do. It is always a pleasure, for me, to become reacquainted with so many of our wonderful volunteers.

And, also in October, we will be having a dinner to thank the pastors and lay people who are instrumental in providing for the spiritual needs of our residents. Among them will be our Chaplain Assistants, who have been so well received by both residents and staff. These four individuals have been assisting with worship services, distributing Holy Communion to people who are unable to attend worship, and visiting and praying with anyone who expresses a need to do so.

A new class of Chaplain Assistants begins in September. This time around we've opened it to a few select individuals who asked to audit the class to learn how they can better meet the spiritual needs of members of their congregations.

(Continued on page 2)



Visit our New Web Site

www.NiagaraLutheran.org

We invite you to visit our recently revised website and explore some of the new features we've added -- like an event calendar, news releases, current information about our services and affiliates, and even a blog.

Niagara Lutheran is also on Facebook, so be sure to look for us there and become a fan. We're excited about being able to communicate in a more timely way. We encourage your comments and appreciate your thoughts about improving our communications with you.

PRESIDENT: *Florence Doran*
 EDITOR: *Vivian Cosentino*
 PRINTING: *Kathi Rickus*
 FOLDING: *Florence and Ronald Doran*
 CIRCULATION:
Mary Ann Young and Mailing Crew



Next Meeting

THURSDAY, SEPTEMBER 17, 2009,
Lutheran Church Home - 217 East Delavan, Buffalo

- 12:00 pm Lunch/Hostesses:** Ladies from All Saints, Hamburg
- 1:00 pm Devotions:** The Rev. David Menz, All Saints, Hamburg
- 1:30 pm Program:** "The Fiddlesticks" music and fun for everyone

PLEASE NOTE THE TIME CHANGE!

RSVP to Florence
at 836-6803
by Mon., Sept. 14



Footnotes from Florence

Dear Friends —

I have great news to share with you! After Linda Zink, our treasurer, tallied up the receipts from our Spring Fling, June Luncheon, Dash tapes, Thrivent grants, and gift shop donation, we had more than \$5,000 to give to the Health System for our annual gift to the residents. Fortunately, Mr. Arndt already had a suggestion to present at our August Guild Board Meeting. He asked us purchase a digital hymnal for each of our four affiliates.

I'm sure you are wondering, as I was, what a digital hymnal is. It is a device that will be connected through the speakers at each facility and programmed to play accompaniment for the hymns that are selected for worship services when we are without an organist. Vivian Cosentino gave us a demonstration and description of just how a digital hymnal works, and we felt it would be a useful tool for worship. If you've ever been to one of our services, you understand how important hearing those old familiar hymns is to our residents.

Through the years we have truly been blessed with the services of Melba Seibold in this area, and we pray that she will be able to continue to play the organ as long as her health permits. However, as you are probably aware, accompanists are hard to find, especially at the last minute, so should she or Carol Dammon, the organist at LCH, not be able to play (which has occurred) the digital hymnal will be there to use so that residents can still enjoy the hymns they are familiar with.

I'm sure we'll also find other opportunities to use the digital hymnal as well, i.e., hymn sings, memorial services, dedications, etc. With that in mind, the board agreed to the purchase of four digital hymnals.

Thank you very much for your financial support this year. It has made this gift to the residents possible.

We're looking forward to our meeting at Lutheran Church Home on September 17. Please note that **lunch will be served at Noon** to accommodate the residents who plan to attend our program at 1:30p.m., which will be presented by the well known and very entertaining *The Fiddlesticks*. The five dolls of our silent auction will also be displayed that day and, hopefully, we'll have some lively bidding. Please call in your reservation before September 14 to me at 836-6803.

I hope you had a great summer and are ready to resume your activities with enthusiasm and energy. If you would like to serve on the Guild Board, please contact me or other board members, and we would be happy to answer any questions you may have.



Peace be with you ~ Florence

And, as usual in October, we will be having our annual employee recognition dinner where we honor our employees for their years of service. In addition, we be distributing honorariums through our *People First* program. Trustees of the Donald L. Broecker Memorial Trust will also be on hand to distribute honorariums and a scholarship to deserving employees. It is especially gratifying for me to be able to recognize so many of our wonderful, dedicated employees, many of whom have been with us for 20, 25 and 30-plus years.

While the weather is still nice, we are also planning several more outdoor activities for our residents. If you can spare a few hours to help transport someone to an activity, it would be greatly appreciated. Our Activities people and staff work very hard to get everyone they can to planned activities, but it is a big job. Add to that the fact that there are sometimes extenuating circumstances that require immediate attention, and you can see how difficult it can be. This happens most frequently on the weekends when preparing for worship. Please pray about it, and if you feel called to help, call Vivian Cosentino at 886-4377. Anything you can do would be greatly appreciated.

And, as always, I thank you for everything that you do for our residents! We couldn't accomplish all that we do without your donations, support, and prayers. God bless. . .

~ Jurgen Arndt, President/CEO

The Five Dolls Silent Auction

The five dolls that are being auctioned will be at the September meeting at LCH.

This is a silent auction and fund raiser.

The highest bidders will be announced at the November meeting at GreenField Manor & Court.

Be sure to check on your bid. If you have any questions or would like to place a bid, call Florence Doran at 836-6803.



If you know of anyone considering assisted living or someone who needs assistance with medications, meals, and/or personal care - please consider the LUTHERAN CHURCH HOME. You can also stop by for a tour any time.

We invite you to see for yourself the many wonderful changes we've made in the past several years. Call Heather at d(716) 882-1231 to learn more.

The NLHS Guild's Annual

FALL FUN FAIR



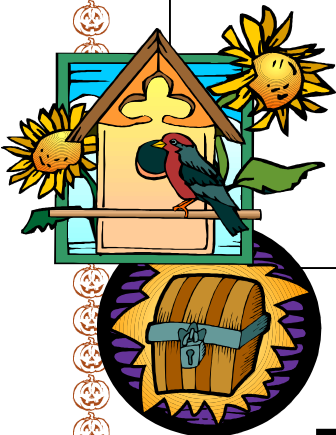
*Craft/Plant and
Bake Sale*

Thursday, Oct. 15, 2009

NLHRC Lobby

64 Hager Street ~ Buffalo

9:00 a.m. - 3:00 p.m.



Baked Goods
Plants, Crafts, Jewelry
Auntie Em's Collectibles
full of "gently used" items

*The Erie County Chapter of Thrivent Financial for Lutherans
will provide matching funds to benefit our residents.*

Bring your donations to 64 Hager Street at any time
and mark them for the Fall Fun Fair.

2009 Schedule of Weekly Worship Services with Holy Communion

NLHRC ~ Sundays at 2:30 p.m. In the Strodel Chapel/Auditorium

9/6 Rev. Timothy Freed, *Nativity, E. Aurora*
 9/13 Rev. Allen Griep, *NLHS Chaplain*
 9/20 Rev. Raymond Fitch, *First Lutheran, Blasdell*
 9/27 Rev. Thomas Mason, *Messiah, Lewiston*

LCH ~ Sundays at 2:30 p.m. In the Chapel

9/6 Rev. Troy Mulvaine, *Augustana, Tonawanda*
 9/13 Pending
 9/20 Rev. Devie Ellis, *St. Martin, N.T.*
 8/27 Rev. Allen Griep, *NLHS Chaplain*



GF MANOR/COURT ~ Saturdays at 1:00 p.m. In the Richard Seibold Chapel/Auditorium

And

GHRC ~ Saturdays at 2:30 p.m. In the Melba Y. Seibold Chapel/Auditorium

9/5 Pending
 9/12 Rev. Allen Griep, *NLHS Chaplain*
 9/19 Rev. John Klatt, *St. John, West Seneca*
 9/26 Rev. Michael Blackwell, *St. John, Depew*

Roman Catholic Masses ~ Holy Communion

NLHRC: First Fridays at 11:00 a.m.
 Other Fridays at 11:00 a.m.
 Deacon Led Services with
 Holy Communion

GHRC: Mondays at 2:30 p.m.

LCH: Alternate Saturdays at 6:00 p.m.
 Rosary and Holy Communion

GCM: Thursdays at 3:30 p.m.



Chaplain Services: If you see a need for emotional and/or spiritual support for a resident, family member, or yourself, please contact our Chaplain, The Rev. Allen Griep, at 886-4377 or 692-6380.



Residents' Birthdays

NLHRC

9/4 Oradee Day	9/15 Melva Crews
9/5 Lenora Lunsford	9/20 Elizabeth Kirkendall
9/6 Elizabeth Washington	9/20 Florence Carmen
9/9 Mary Lambert	9/24 Hilda Rodler
9/10 Mildred Hill	9/29 Mary Robinson
9/10 Maudell Thompson	9/30 Arwillis Easley

GHRC

9/12 Heyward Pellam	9/5 Gertrude O'Leary
9/15 Beatrice Fields	9/13 Jane Forsyth
9/15 Maggie Carter	9/26 Geraldine Bordonaro
9/16 Paralee Hubbard	9/17 Mary Zahody
9/22 Bernice Polite	9/19 Frank Morabito
9/22 Faith McCoy	9/22 Dorothy Kaufman
9/22 India Anderson	9/23 Belma Zynda
9/25 Julia Witherspoon	9/23 George Waddy
9/26 Elizabeth McKnight	9/29 Robert Dippold

GFCourt

9/27 James Greene	9/7 Dorothy Ross
9/28 Clara Makowski	9/15 Francis Kozub
9/30 Lillian Courtade	9/17 Elenore Kittsley
9/30 Lucille Bailey	9/20 Blaine Sleeper
	9/25 Sandra Neubig

(LCH)

9/4 William Mobley
 9/8 Ivy Pope

Welcome to *The Greenfields* Tour of Homes

GreenField Manor & Court residents are opening their homes to visitors, and you are invited to see what life is like at The GreenFields.

Saturday, September 19, 2009
 12:00 - 3:00 p.m.

For information or to make a reservation, call 684-8400



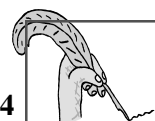
2009 Guild Meeting Schedule

Sep. 17 LCH - at 12:00 Program: "The Fiddlesticks"
Doll Collection Silent Auction

Oct. 15 NLHRC - Fall Fun Fair and
 Making Christmas Cards for residents
Five Dolls Silent Auction

Nov. 19 GF MANOR - Special Program and
 Theme Basket Raffle
Final Day to bid on the Five Dolls Silent Auction

Dec. 10 Christmas Celebration & Fund Raiser
 at Zion Lutheran in Clarence
 Program: Concert pianist Joseph Mohan



Legacies for Life ~ Gifts made by bequest through a will, bequest or insurance policy, play a vital role in our mission of compassionate care. To learn more, contact the Foundation at 886-4377

V Special Requests for Volunteers:

- Volunteers**
- † The **GHRC gift shop** is looking to expand it's pool of substitute volunteers. For more information call Marilyn Thomson at 684-3000
 - † The **Outpatient Therapy department at GHRC** needs volunteers to help with copying and filing. Contact Roseanne Johnson at 684-3000, ext. 320
 - † Volunteers are needed at NLHRC to help with **Saturday afternoon activities** — especially **BINGO!** AND **worship on Sunday afternoons** Call Hellen at 886-4377

NLHRC's Wish List

Contact: *Hellen Culverhouse at 886-4377*

- † **RADIOS** (with or without CD players)
- † **BINGO PRIZES** (toiletries, small knick knacks, etc.)
- † **COLORED BALLOONS** (for holidays & birthdays)
- † **WINDOW & ROOM DECORATIONS, CLINGS**
- † **FALL/WINTER ARTIFICIAL FLOWERS & VASES**
- † **BABY DOLLS & ACCESSORIES** (cribs, strollers, clothes, etc.)
- † **PLANTS, PLANT CLIPPINGS, SOIL**
- † **SENSORY ITEMS, STUFFED ANIMALS**
- † **CD/DVD CASES & DVDS OF OLD CLASSICS** (60s/70s) Movies or TV Shows
- † **NEW:** GROUPS OF INDIVIDUALS to work on a one-time craft project with residents



GHRC's Wish List

Contact: *Jennifer Pellicane at 684-3000*

- † **DECKS OF CARDS** (LARGE PRINT IF POSSIBLE)
- † **GENTLY USED STUFFED ANIMALS**
- † **HOLIDAY WINDOW CLINGS**
- † **BINGO PRIZES**

GFCourt's Wish List

Contact: *Lisa Scaglione at 684-8400*

- † **A VOLUNTEER ART INSTRUCTOR**
- † **BINGO PRIZES** (including jewelry and knick knacks)
- † **LAUNDERED PANTYHOSE** to use as blanket stuffing

LCH's Wish List

Contact: *Joan Griffin at 882-1231*

- † **BINGO PRIZES**
- † **LAUNDERED PANTYHOSE**
- † Help with our RSVP program on Thursdays, from 1:30 - 2:30 p.m.

REMEMBER TO SAVE YOUR DASH'S TAPES!



We are putting labeled boxes at each facility's reception area where you can drop your tapes. Last year we traded our collected tapes for \$1,000 which is being used directly to help residents. Special thanks to **Jan Steiner** for collecting, tabulating, and submitting the tapes and **Thank You!** for supporting this effort.

Do you have ideas

for interesting and affordable programs for upcoming meetings? Please give your ideas to Florence Doran at 836-6803. Better yet, if you'd like to help coordinate programs, there is an opening on the program committee and opportunity to do so. Just give Florence a call.



Special Thanks

To **Phyllis Lasezkay and the ladies at Grace Lutheran in South Buffalo** for sewing slide sheets which are used to move bedridden residents.

Volunteers Needed for Worship to help residents at GHRC & NLHRC get to and from outdoor activities and worship services

— from pushing wheel-chairs to operating the elevators. Some groups and individuals come once a month or more often and others come when their pastor leads worship. For more information, call Vivian Cosentino at 886-4377.



Changing Your Address?

Please fill this out, clip and mail to:

NLHS GUILD NEWSLETTER
64 Hager Street — Buffalo, NY 14208



Name _____

NEW
Address _____

City/State/
Zip _____

OLD
Address _____

City/State/
Zip _____

DATES: _____

DATES ARE IMPORTANT FOR SAVING POSTAGE — THANKS!

*MISSION of the
Niagara Lutheran Health System Guild :*

The NIAGARA LUTHERAN HEALTH SYSTEM GUILD serves the constituents of Niagara Lutheran Home and Rehabilitation Center, The Lutheran Church Home of Buffalo, GreenField Health and Rehabilitation Center, GreenField Manor, GreenField Court and any other social ministries related to the Niagara Lutheran Health System. Guild members promote the interests and programs of the Health System's affiliates as they are able.
All volunteers are welcome and encouraged to join the NLHS Guild.

AFFILIATES OF THE NIAGARA LUTHERAN HEALTH SYSTEM



Buffalo

NIAGARA LUTHERAN HOME AND REHABILITATION CENTER
THE LUTHERAN CHURCH HOME
NIAGARA LUTHERAN HEALTH FOUNDATION

Lancaster

GREENFIELD HEALTH AND REHABILITATION CENTER
GREENFIELD MANOR
GREENFIELD COURT

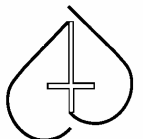
Labor Day is September 7

September



RETURN SERVICE REQUESTED

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