



GUILD NEWS AND HEALTH SYSTEM HAPPENINGS

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Stop to Salute . . .

EAGLE BASE,
Bosnia and Herzegovina --

It was raining "cats and dogs" and I was late for physical training. Traffic was backed up at Fort Campbell, Ky. and was moving way too slowly. I was probably going to be late and I was growing more and more impatient.

The pace slowed almost to a standstill as I passed Memorial Grove, the site built to honor the soldiers who died in the Gander airplane crash, the worst redeployment accident in the history of the 101st Airborne Division (Air Assault).

Because it was close to Memorial Day, a small American flag had been placed in the ground next to each soldier's memorial plaque.

My concern at the time, however, was getting past the bottleneck, getting out of the rain and getting to PT on time.

All of a sudden, infuriatingly, just as the traffic was getting started again, the car in front of me stopped. A soldier, a private of course, jumped out in the pouring rain and ran over toward the grove.

I couldn't believe it! This knucklehead was holding up everyone for who knows what kind of prank. Horns were honking. I waited to see the butt-chewing that I wanted him to get for making me late.

He was getting soaked to the skin. His BDUs were plastered to his frame. I watched-as he ran up to one of the memorial plaques, picked up the small American flag that had fallen to the ground in the wind and the rain, and set it upright again.

Then, slowly, he came to attention, saluted, ran back to his car, and drove off.

(Continued on page 2)



MAY 2010 Message from Mr. Arndt

It seems that spring is really here. We've already been working hard cleaning up our grounds and watching the buds burst into foliage over the past few days. Residents have been enjoying our sunny, warmer days and many of them have been outside soaking up the sun since the weather changed. The brighter, longer days seem to have energized us all, and I, personally, have been feeling the same. I'm especially looking forward to the summer concert series at The GreenFields. I hope you'll be able to attend some of the concerts, and be sure to bring your friends!

The summer also brings more outdoor activities and "road trips" for our residents. If you can spare a few hours to help our activities people, I know your efforts would be greatly appreciated, and you'll very likely have a great time yourself.

If you haven't seen the April issue of *After 50* magazine, I encourage you to try to find one. We have some available. Marge Roth, a Manor resident, is the cover page star, and the Niagara Lutheran Health System is the featured article. Even though we are in a budget crisis, our marketing department continues to find ways to economically express our message of *Caring ~ Heart & Soul*, and their most current efforts are geared toward social networking, especially through our website, Facebook page and emails.

They tell me they are in the process of collecting as many email addresses as possible so they can more easily communicate with our many friends through an email newsletter. If you'd like to be included, please send an email indicating that to Vivian Cosentino at vcosentino@NiagaraLutheran.org or sign up on our website (www.NiagaraLutheran.org). I've also been encouraged to remind you to visit us on Facebook and become a "fan."

(Continued on page 2)

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Mailing Crew

Next Meeting & Spring Fling

THURSDAY, MAY 20, 2010 at NLHRC - 64 Hager Street, Buffalo

11:30 am Lunch - Hostesses: Ladies from Salem-South Buffalo

12:30 pm Devotions: Christ Care Group ~ Salem-South Buffalo

1:00 pm Program: "Birthday Cards for the Residents" workshop.

Carol Iannello will show us some easy techniques to make cards. This is always a fun and productive project — and the residents really enjoy the homey touch. Please join us!

RSVP to Florence
at 836-6803
by Fri., MAY 14



Footnotes from Florence

Dear Friends — We had a lovely day at GreenField Health & Rehabilitation Center (GHRC) for our most recent meeting. The board met for our usual board meeting at 9:30 a.m. and lunch was served at 11:30 a.m. Forty-five women enjoyed the hospitality we always encounter from Health System staff. Marlene Kowalski supervised the serving of tuna and fruit salad with a croissant, and the hostesses from St. John's-Lancaster plated their home-made cakes, which were delicious and pretty too! Marie Wienke led us in singing Happy Birthday to our two honored members, Melba Seibold and Emily Renn, both of whom are now GHRC residents. (See below). They both received a bouquet of flowers and our best wishes and many thanks for their years of service.

Pastor John Scarafia led us in devotions based on St. Paul's epistle to the Corinthians. He reminded us that even though we all have gifts and they are varied, it is the Holy Spirit of God that enables us to use these gifts in our service to others. The resurrection of our Lord transforms us from a private person to a community to be a blessing to others. It is the Holy Spirit that fills us and refreshes us. Thanks be to God!

After announcements of upcoming events and volunteer opportunities, Jennifer Pellicane and Dawn Rezak spoke to our gathering. Jennifer, Activities Director for GHRC, thanked us for the gift of \$400 that the Guild gave for her to use for the residents there. One of the items purchased was a record player, and residents are thrilled to listen to old, familiar records that have been donated to the department. They enjoy listening to music from their era as much as they enjoy playing volley ball with the net that was also purchased through the Guild. Dawn Rezak, Director of Rehabilitation for the NLHS, thanked us for the "True Stretch" apparatus that the Guild recently bought for the GHRC Outpatient department. She said patients love it and invited us to come to see it. Several members tried it and were amazed at how much it is capable of. Of course, photos were taken.

Speaking of photos, I was so appreciative of all the family photos that our guest speaker, Diane Pesch-Sevatter, brought to engage us in her topic, "*Celebrating Our Family History*." We were all reminded, through her stories and photos, of our own family history and, hopefully, motivated to record the stories in note books, albums, videos, and to search out the stories in a variety of ways. We thank her for an excellent presentation and her passion and dedication to Concordia Cemetery. Diane encouraged us to share our family history with each other during our Guild luncheons—a great idea, don't you think?

Next month we will be meeting at NLHRC on Hager Street. Please call me with your reservation by FRIDAY, MAY 14, (836-6803). Remember to bring a small pair of scissors to help make Birthday Cards for residents and, of course, any items you still may have for our Spring Fling. Remember — we can always use baked goods and plants.

I hope you are enjoying our spring weather and find opportunities in your week to be of service to others.

Peace ~ Florence

HAPPY SPRING BIRTHDAY! to some very special ladies.

Three very dear long-term Guild members and volunteers are celebrating their birthdays this year. Melba Seibold and Emily Renn are turning 95 this spring, and Hazel Mutton will be celebrating a similar birthday later this year. Melba is known for her devotion to providing music to residents for fun and for worship for many, many years as well being a generous donor to the Niagara Lutheran Health Foundation. Among other things, Emily managed the Guild's financial statements for more than 19 year before retiring just a couple year ago. Hazel served on the Guild board for many, many years and is known for her dedication to implementing the Hospitality Cart at LCH for many years and also helping out in the dining room. These great ladies now reside at our NLHS affiliates. *Happy Birthday Ladies!*



(Salute — Continued from page 1)

I'll never forget that incident. That soldier, whose name I will never know, taught me more about duty, honor, and respect than a hundred books or a thousand lectures.

That simple salute -- that single act of honoring his fallen brother and his flag -- encapsulated all the Army values in one gesture for me. It said, "I will never forget. I will keep the faith. I will finish the mission. I am an American soldier."

I thank God for examples like that.

And on this Memorial Day, I will remember all those who paid the ultimate price for my freedom, and one private, soaked to the skin, who honored them.

~ Captain John Rasmussen ~

Message from Mr. Arndt (Continued from page 1)

And last, but definitely not least by any means, I want to remind you that this is the month we honor those you have died defending this wonderful country of ours. No matter how frustrated we sometimes get with our politicians and media reports, we are privileged to live in such a wonderful country—the home of the free and the brave. I hope you will take a few minutes and remember and pray for those who have fought to guaranty these rights as we celebrate Memorial Day at the end of the month. It's regarded by many as the kickoff for summer, but I think it's also very important to remember the real reason we celebrate this day.

My best wishes to each and every one of you for a wonderful summer. May it bring you much happiness, fun and peace. And, I hope to see you at the June luncheon! God bless . *~ Jurgen Arndt, Pres/CEO*

The NLHS
Guild's

Spring Fling
Craft/Plant and
Bake Sale



Thursday, May 20, 2010
NLHRC Lobby

64 Hager Street ~ Buffalo

9:00 a.m. - 3:00 p.m.

Baked Goods
Plants and Crafts

Auntie Em's Collectibles

full of "gently used" items

Please mark your donations for the Spring Fling. You are invited to our meeting at 11:30 a.m.. For information, call Florence at 836-6803.

Matching Funds are being requested through
Thrivent Financial for Lutherans



2009 Schedule of Weekly Worship Services with Holy Communion

NLHRC ~ Sundays at 2:30 p.m. In the Strodel Chapel/Auditorium

5/2 Rev. Hans Irmer, *Good Shepherd, Ton*
 5/9 Rev. Allen Griep, *NLHS Chaplain*
 5/16 Pending
 5/23 Pending
 5/30 Rev. Timothy Madsen, *St. Paul's, Wmsville*

LCH ~ Sundays at 2:30 p.m. In the Chapel

5/2 Rev. Tom Mason, *Messiah, Lewiston*
 5/9 Pending
 5/16 Rev. Allen Griep, *NLHS Chaplain*
 5/23 Rev. Tom Mason, *Messiah, Lewiston*
 5/30 Pending



GF MANOR/COURT ~ Saturdays at 1:00 p.m. In the Richard Seibold Chapel/Auditorium

And

GHRC ~ Saturdays at 2:30 p.m. In the Melba Y. Seibold Chapel/Auditorium

5/1 Rev. Deborah Turley, *Lord of Life, Depew*
 5/8 Rev. Allen Griep, *NLHS Chaplain*
 5/15 Rev. John Klatt, *St. John's, W. Seneca*
 5/22 Rev. Michael Blackwell, *St. John, Depew*
 5/29 Rev. Deborah Turley, *Lord of Life, Depew*

Roman Catholic Masses ~ Holy Communion

NLHRC: First Fridays at 11:00 a.m.
 Other Fridays at 11:00 a.m.
 Deacon-led services with Holy Communion
 GHRC: Mondays at 2:30 p.m.
 LCH: 2nd Thursdays at 2:30 p.m.
 Rosary and Holy Communion on alternate Saturdays at 6:00 p.m.
 GCM: Thursdays at 3:30 p.m.



Chaplain Services:

If there is a need for emotional and/or spiritual support for a resident, family member, or yourself, please contact our Chaplain, The Rev. Allen Griep, at 886-4377 or 692-6380.



DASH'S TAPES

Remember to TURN THEM IN! And a special THANK YOU to **Karen Saona** who has volunteered to help coordinate this fund raising effort. Karen is from Holy Trinity and has worked with the Dash tapes program in the past. And many thanks to everyone who responded to our request for help!

Congregational Liaisons

Help us make communications between churches and the Guild more efficient. If you can spare just a little time, contact Florence Doran at 836-6803.

Membership Renewals Reminder

There's still time to renew your Guild membership or join.



Pastoral Care Email

The Pastoral Care Department has it's own email at Pastoralcare@NiagaraLutheran.org

Changing Your Address?

Please fill this out, clip and mail to:

NLHS GUILD NEWSLETTER

64 Hager Street - Buffalo, NY 14208



Name _____

NEW

Address _____

City/State/Zip _____

OLD

Address _____

City/State/Zip _____

DATES: _____

Phone # _____

DATES ARE IMPORTANT FOR SAVING POSTAGE — THANKS!



Residents' Birthdays

NLHRC

5/1 Louise Gray
 5/3 Hermance Burns
 5/13 Richard Adams
 5/13 Rosalie Bova
 5/15 Clara Hoffman
 5/16 Carolyn Groth
 5/30 Geneva Foster
 5/31 Alberta Weaver

GHRC

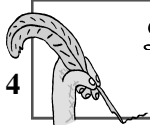
5/3 Florence Oczowinski
 5/5 Jeanne Fleischmann
 5/8 Mary Heary
 5/15 Paul Sprowl
 5/19 June Collins
 5/19 Ralph Wild
 5/23 Jeanette Heiss
 5/31 Alethea Walter

LCH

5/5 Estelle Winkler
 5/9 Robert Wurster
 5/27 John Grieco

GFCourt

5/10 John & Mary Hilton
 5/19 Pauline Giambrone



Legacies for Life

~ Gifts made by bequest through a will, bequest or insurance policy, play a vital role in our mission of compassionate care. To learn more, contact the Foundation at 886-4377



Special Requests for Volunteers

† **SOMEONE TO RUN COPIES** at NLHRC Call Carol Ransom or the HIM Dept. at 886-4377

† **HELP NLHRC "WELCOME" new residents.** NLHRC is looking for items and volunteers to create "welcome bags" for incoming residents. Contact Hellen at 886-4377.



WISH LISTS

NLHRC: Contact: *Hellen Culverhouse at 886-4377*

- † SCRAPBOOKING, ARTS-&-CRAFTS SUPPLIES & YARN !
- † BABY DOLLS & DOLL SUPPLIES
- † DVDS OF TV SIT COMS FROM THE 60's & 70's
- † JEWELRY BOXES
- † BINGO PRIZES (toiletries, small knick knacks, etc.)
- † SPRING/HOLIDAY CLINGS

GHRC: Contact: *Jennifer Pellicane at 684-3000*

- † DECKS OF CARDS
- † GENTLY USED STUFFED ANIMALS
- † SPRING/HOLIDAY CLINGS
- † BINGO PRIZES

GFCourt: Contact: *Lisa Scaglione at 684-8400*

- † BINGO PRIZES (including jewelry and knick knacks)

LCH: Contact: *Joan Griffin at 882-1231*

- † BINGO PRIZES
- † Sewers and Quilters to help with our RSVP Quilt Program on Thursdays, from 1:30 - 2:30 p.m.

REMINDER

June 20 — our annual JUNE LUNCHEON & FUND RAISER will be at GreenField Manor/Court. Theme baskets, door prizes and a great program are planned for us. RSVP to Florence at 836-6803.



Facebook.com/NiagaraLutheran



NIAGARA LUTHERAN HEALTH SYSTEM GUILD
64 Hager Street ~ Buffalo, NY 14208
Caring ~ Heart & Soul

NLHS Guild Membership

Name _____

Address _____

C/S/Zip _____

Phone # _____

Home Church _____

City _____

Just \$5 per year



Guild Meeting Schedule

MAY 20	NLHRC Chapel & Aud — SPRING FLING & Birthday Card Workshop
JUN 17	12 pm GF Manor Chapel & Aud LUNCHEON/FUNDRAISER Theme baskets, door prizes and Program: Helen Steiner Rice
JUL/AUG	No Meetings
SEP 16	LCH Aud
OCT 21	NLHRC Chapel & Aud—FALL FUN FAIR
NOV 18	GF Manor Chapel & Aud
DEC 9	12 pm at St. Mark's—576 Delaware Road Kenmore, NY: ANNUAL CHRISTMAS CELEBRATION & FUND RAISER

Save the Date

† On Wed., May 19, we'll be organizing items for the SPRING FLING at NLHRC. Please join us at 2 p.m. if you can help. Contact: Florence @ 836-6803

Honor or Memorialize Someone You Care About

Very often people make donations to the Guild to honor or memorialize someone they care about. To make it easier, we've created a short form to fill out for these occasions and will be publishing it frequently. Simply fill in the blanks and we will take care of the rest. If you have any questions, please call Linda Zink at 835-7226.

This special gift is from

Name _____

Address _____

City/St/Zip _____

email _____

In honor of: _____

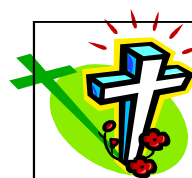
In memory of: _____

If you wish the honoree or family to be notified of your gift, please provide their name and address below (Gift amount is not mentioned)

Name _____

Address _____

City/St/Zip _____



Remember —
Memorial Day
May 31, 2010

*MISSION of the
Niagara Lutheran Health System Guild :*

The NIAGARA LUTHERAN HEALTH SYSTEM GUILD serves the constituents of Niagara Lutheran Home & Rehabilitation Center, Lutheran Church Home, GreenField Health & Rehabilitation Center, GreenField Manor, GreenField Court and any other social ministries related to the Niagara Lutheran Health System.

Guild members promote the interests and programs of the Health System's affiliates as they are able. All volunteers are welcome and encouraged to join the NLHS Guild.

AFFILIATES OF THE NIAGARA LUTHERAN HEALTH SYSTEM



Buffalo

NIAGARA LUTHERAN HOME AND REHABILITATION CENTER
THE LUTHERAN CHURCH HOME
NIAGARA LUTHERAN HEALTH FOUNDATION

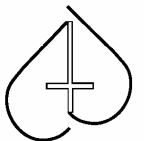
Lancaster

GREENFIELD HEALTH AND REHABILITATION CENTER
GREENFIELD MANOR
GREENFIELD COURT



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